

REDUCING THE SPREAD OF COVID-19 (CORONAVIRUS)

FOR PARENTS AND STUDENTS, INFORMATION CURRENT AS OF 30.03.2020

IMPORTANT



Information from the state and federal government about measures to protect the community may change **rapidly**. Health information may also change.

Only refer to reputable sources of information for advice and help stop the spread of misinformation.

For up to date information check out the Australian government "Coronavirus Australia" app - for more info see here:

www.australia.gov.au

If you are seeking information on COVID-19 you can call the Australian National Coronavirus Helpline on:

1800 020 080



Coronavirus (COVID-19)

healthdirect

How to avoid infection or spreading the virus



Wash your hands regularly with soap and water for at least 20 seconds



Avoid touching your eyes, nose or mouth



Cover your mouth or nose when coughing or sneezing



Use only disposable tissues, and dispose of them immediately after use



Avoid close contact with anyone showing respiratory symptoms



Monitor travel advice on Smarttraveller smartraveller.gov.au



Stay at home when you are sick

INFORMATION CURRENT AS OF 30.03.20 - please check relevant government websites for updates
References: www.australia.gov.au; www.wa.gov.au; www.healthdirect.gov.au; www.health.wa.gov.au



Hand washing tips



healthdirect

INFORMATION AND RESOURCES

HEALTH:

- WA Department of Health: www.health.wa.gov.au
- Healthy WA: www.healthywa.wa.gov.au
- Health Direct: www.healthdirect.gov.au
- Australian Coronavirus Helpline: 1800 020 080
- Australian Department of Health: www.health.gov.au

PUBLIC SCHOOLS:

- WA Department of Education: www.education.wa.edu.au
- Learning at Home (Department of Education) providing curriculum resources and information for parents and young people on wellbeing: www.education.wa.edu.au/learning-at-home

GOVERNMENT:

- WA Government: www.wa.gov.au
- Australian Government: www.australia.gov.au
- "Coronavirus Australia" app and WhatsApp Channel from the federal government to keep People informed. More info here: www.australia.gov.au

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